

# Your First Test

As you are learning StresStimulus, it is recommended to use the Test Wizard. It will guide you through all steps of the test from start to completion.

The Test Wizard helps to quickly learn the major steps of recording, configuring, running the test, and going through some major results.

[Recording Test Case](#)

[Configuring Test Case](#)

[Configuring Test](#)

[Running Test](#)

[Analyzing Results](#)